



MATT THOMAS RECEIVING HIS DIANA AWARD

# 'A FANTASTIC ORGANISATION'

*Parent of a Junior Club member - 2018*

**Kidderminster & District Youth Trust**

**Annual Review 2017/18**





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YOUNG PEOPLE WITH FOOD DONATED BY ALDI

## OUR VISION, MISSION AND VALUES.

**Vision** Young people are enabled and empowered to have a strong social and personal identity, achieve their potential and make a successful transition to adult life.

**Mission** To provide a safe, secure, fun environment where young people are supported in identifying their strengths and skills, so they can avoid, or be better able to deal with, challenges in their lives. To help young people to recognise their responsibilities, offer the opportunity for them to have their voices heard and realise their full potential.

**Values**

- We treat everyone with respect and trust and value their unique contribution.
- We value non-judgemental relationships with young people.
- We value openness to personal and social education.
- We value diversity.
- We believe that people working together can achieve positive and lasting change.
- We value partnership based on honesty and respect.
- We value innovation and creativity generated by shared endeavour.



*“You will read in this review of the large numbers of young people involved and of the variety of opportunities offered to them.”*

## **A MESSAGE FROM DAVID ADAM, CHAIR OF KDYT:**

The year 2017/18 for the Kidderminster and District Youth Trust was full of activity, full of development, and brought to fulfilment many of the changes required to meet the challenging environment in which we live.

This annual review sets out the activities and the numbers of young people involved in them, as well as the many uses made of Kidderminster Youth House by other groups and societies, there is much we still seek to improve, but we are rightly proud of what we have done.

Our team of professional Youth Workers, the staff team and volunteer supporters have worked with energy, imagination and commitment to keep and expand KDYT’s focus on the well-being and development of Wyre Forest young people. You will read in this review of the large numbers of young people involved and of the variety of opportunities offered to them.

Having Kidderminster Youth House makes possible the development of relationships over time. For young people that offers a secure safe place which in some cases may not otherwise be available. The KDYT Youth Cafe will open shortly and will mean that individual young people can come to talk one to one with a staff member during the day.

Our resources are limited and that means we must seek to use them effectively, amending and developing our approaches within our resources to achieve our aims.

This continual expansion and innovation makes heavy demands upon our staff and volunteers, and we are grateful to them for their high standards and their determination to give of their best.

We are also grateful for the support, financial and otherwise, that we receive from Trusts and Councils.

Our resources do not cover the costs of our work and we need support. We welcome interest and will be pleased to discuss our work and our opportunities for further development.



## A YOUNG LEADERS WELCOME:

This is a welcome from the KDYT Young Leaders, as Young Leaders we encourage and support young people who use KDYT to make good decisions and have lots of fun!

We work in Youth Clubs, on trips and this year we helped to run a residential to Wales for the Junior Youth Group.

We help KDYT run events. In the last 12 months we were involved in the Celebrate Event, Brintons Bash, Borrington Bash and Wyred For Pride.

Being a Young Leader has helped us to look at things from different side and helps us to express ourselves better.

KDYT is a safe place to go and talk about any problems you may be dealing with. And we like to help other young people who may have problems.

It is an experience you'll never forget.

We hope you enjoy this annual review, if you would like to come and see us and what we do please contact the KDYT Team.

Thanks for reading our introduction.

*Chloe Jas Kayleigh Coby Ali Liv Leah Emily*

*"They are engaging, caring and supportive and so much fun, and my sons can't wait to engage in more activities with them. Thank you so much!" Parent, 2017.*



## ENGAGING YOUNG PEOPLE

**157** YOUTH CLUBS & **20** DETACHED SESSIONS IN 2017/18

**35** DAYS OF HOLIDAY ACTIVITIES & **3** RESIDENTIAL WEEKENDS

**109** OUR HIGHEST ATTENDANCE DURING A YOUTH CLUB SESSION!

**203** NEW MEMBERS JOINING KDYT IN THIS PERIOD.

**579** MEMBERS HAVE JOINED KDYT SINCE 2013.

**43%** YOUNG WOMEN **57%** YOUNG MEN

**3323** ATTENDANCES AT YOUTH CLUBS IN 2017/18

**7.5**<sup>MILES</sup> THE LONGEST JOURNEY MADE BY A MEMBER TO ATTEND CLUB.

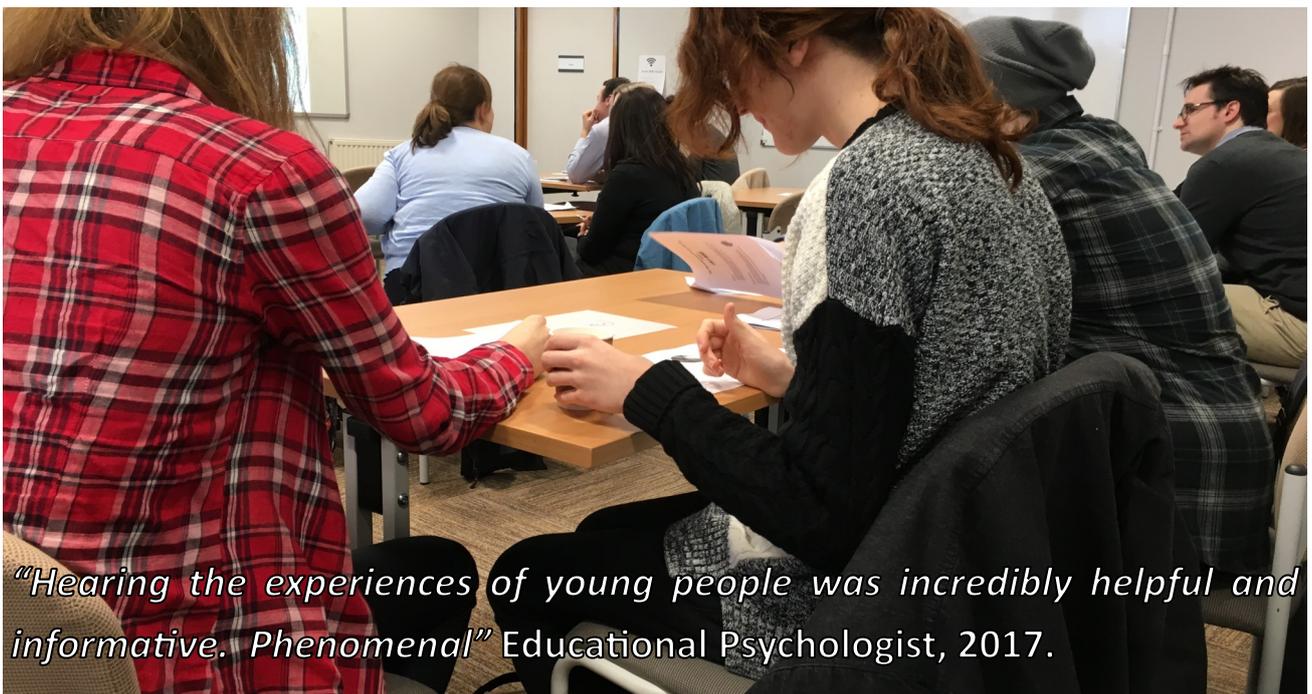
**10** YEARS ATTENDANCE CELEBRATED BY 3 MEMBERS THIS YEAR.

# YOUTH VOICE

Young People from KDYT have been supported to have their voices heard by key decision makers including:

- **High Sheriff of Worcestershire.**
- **Mark Garnier Member of Parliament for Wyre Forest.**
- **West Mercia Police and Crime Commissioner.**
- **The Worshipful Mayor of Kidderminster.**
- **The Chairman of Worcestershire County Council 2017/18.**
- **The Chairman of Wyre Forest District Council.**
- **Worcestershire County Councillors.**
- **Wyre Forest District Councillors.**
- **Educational Psychologists at the University of Birmingham.**

Young people tell us that they enjoy these experiences and feel genuinely involved in the processes that affect them.



*"Hearing the experiences of young people was incredibly helpful and informative. Phenomenal"* Educational Psychologist, 2017.



## SUPPORTING YOUNG PEOPLE

KDYT offer a range of services that we use to support young people, these include:

- 1 to 1 support on any issue important to them.
- Kidderminster Youth House - a safe place to come in times of need.
- The KDYT 'Triple A' Education Support Programme.
- Youth Worker based in the Big Lottery Funded Axis Youth Hub.
- Work Experience Placements.
- Accredited Training Programmes.
- Staff members trained in key areas including:
  - Mental Health First Aid
  - Protective Behaviours
  - CSE Prevention
  - Sexual Health
  - Drug & Alcohol Awareness
  - Restorative Justice

KDYT staff undertake continuous professional development to stay up to date with current theory and practice.

## DAY TRIPS & RESIDENTIALS

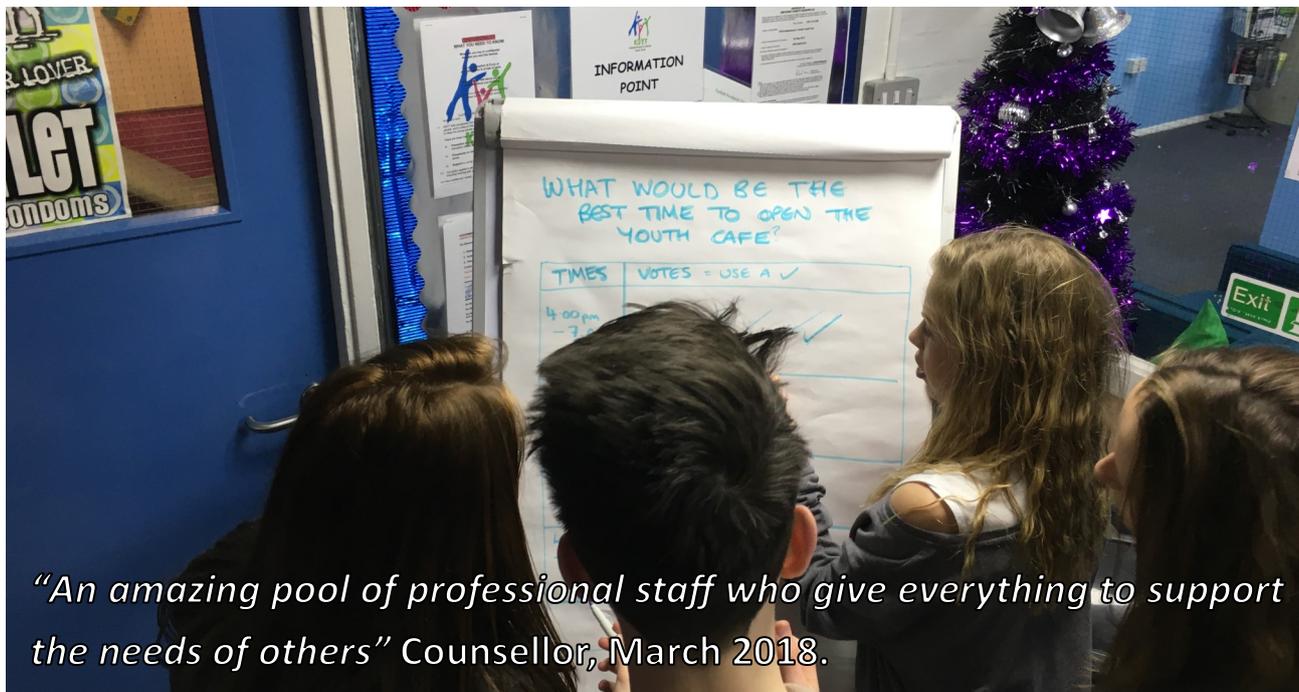
KDYT activities are chosen by young people and are always good fun, creating memories for life. This year we have been to:

- **COMIC CON**
- **GO-KARTING**
- **OFF ROAD SEGWAY**
- **RIBRIDE BOAT**
- **GORGE SCRAMBLING**
- **CANOEING**
- **STRATFORD UPON AVON**
- **PADDLEBOARDING**
- **AIRSPACE TRAMPOLINE PARK**
- **BLACKPOOL PLEASURE BEACH**
- **SNOWDOME**
- **BEACH TRIPS**
- **THEME PARKS**
- **RESTAURANTS**

We have also run three successful residential weekends designed to encourage young people to have a lot of fun, take on new challenges and develop a range of skills including: team work, resilience, self motivation and other life skills.



*"I arrived feeling nervous and anxious and left feeling positive, I am so happy that I gave it a try" Young Person, 2018.*



*"An amazing pool of professional staff who give everything to support the needs of others" Counsellor, March 2018.*

## PROJECTS

**2017/18 saw KDYT launch 3 new exciting projects:**

**'KDYT YOUTH CAFÉ'** due to the fantastic support of The Big Lottery Fund, The Clothworkers Foundation and Safer Wyre Forest, the KDYT Youth Café is now being constructed. Young people have been fully involved in the design and layout of the café and have decided on opening hours.

**'INCREASING RESPONSIBILITY PROMOTING OPPORTUNITY'** funded by the West Mercia Police & Crime Commissioner this project engaged young people involved in, or at risk of being drawn into anti-social behaviour.

A structured programme supported them to develop resilience, understand the impact of ASB and to begin to make positive choices and help other young people by becoming KDYT Young Leaders.

**'KDYT TRIPLE A EDUCATION SUPPORT PROGRAMME'** following discussions with schools and young people, KDYT launched this project designed to work with young people who are struggling with their education.

Bringing together parents, schools and the young person a package of support is designed and delivered to support the young person and help address any barriers that might exist.

## SUCCESS STORIES

**MATT RECEIVES THE DIANA AWARD:** We were delighted when Matt Thomas, a KDYT Young Leader received a Diana Award for over 4 years volunteering with KDYT. Matt's journey inspires other young people, especially those who are facing challenges and struggles in their lives.

**WYRED FOR PRIDE 2018:** KDYT's Flannel Club organised a fantastic event to celebrate LGBT+ History Month in February. Working with Wyre Forest District Council and with funding from Safer Wyre Forest an evening of music, poetry and comedy took place at Kidderminster Town Hall.

**EDUCATIONAL PSYCHOLOGISTS CONFERENCE:** Young people from KDYT attended an Educational Psychologists Conference to speak about their experiences at school and to suggest how services can be improved, their input was described as 'phenomenal' and 'supremely helpful'.

**ANTI-BULLYING WEEK 2017:** KDYT ran a range of activities to raise awareness and took part in the This Morning Campaign to encourage people to #BEKIND, young people were excited when our project was mentioned on the ITV This Morning programme.

**KDYT YOUNG LEADERS:** Our young leaders have been amazing this year, they have helped us to run youth activities, supported various community events and have worked hard supporting other young people.



*"I was really honoured to receive The Diana Award, I enjoy being a Young Leader and helping other young people." Matt Thomas, 2017.*



*"I have been coming for at least 8 years, the staff are always up for a chat and always seem to put a smile on your face, what lovely caring people". Young Person, 2018.*

## **KIDDERMINSTER YOUTH HOUSE**

Kidderminster Youth House has served the young people and community of Wyre Forest since it was built by KDYT in 1970 and it is used by more groups each year.

Facilities include a sportshall, performance spaces, boxing gym, multi-ball court, meeting rooms and the youth club area, which will soon become the KDYT Youth Café.

The building is used by a large number of agencies and it is estimated that over 750 individuals use the building each week.

Partner agencies who have used Youth House in 2017/18 include:

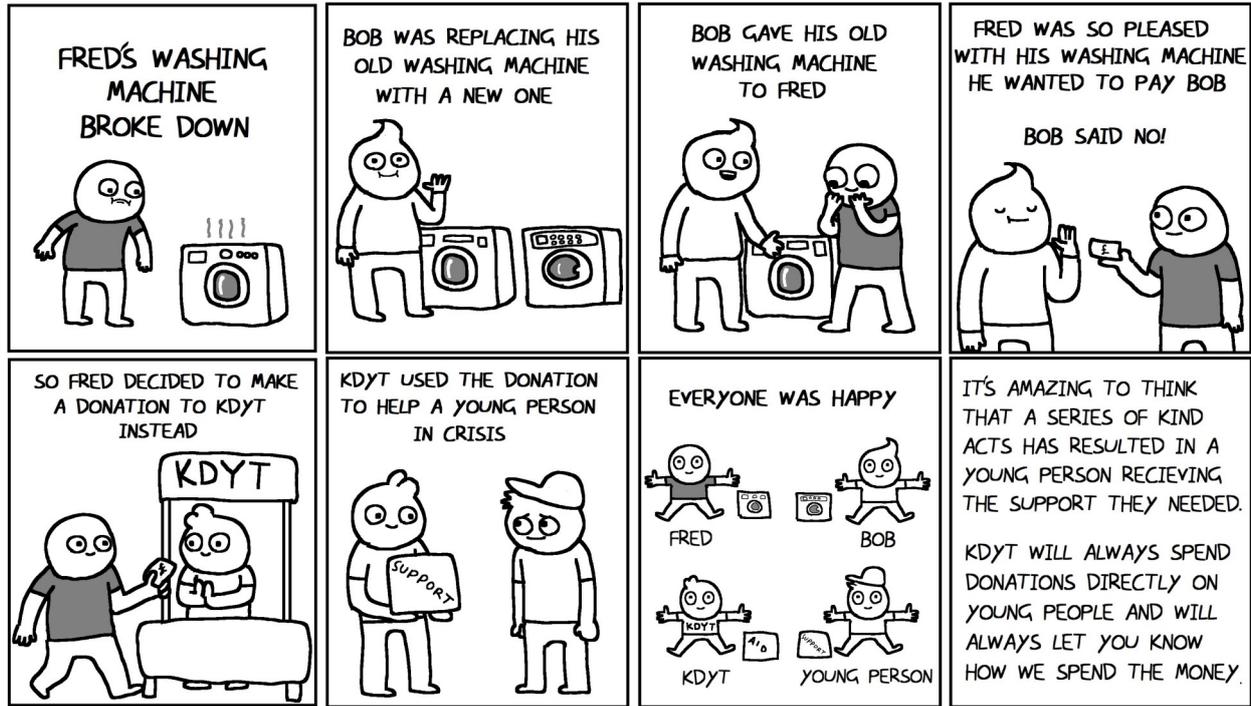
- **OUR WAY SELF ADVOCACY**
- **WYRE FOREST NIGHTSTOP**
- **THE BASEMENT PROJECT**
- **WORCESTER WARRIORS COMMUNITY FOUNDATION**
- **COMMUNITY BROADCAST COMPANY**
- **HEART OF WORCESTERSHIRE COLLEGE**
- **PRINCES TRUST**
- **MENCAP**
- **WEST MERCIA YOUTH OFFENDING SERVICE**
- **HANSEL & GRETTEL SUPPORT GROUP**

- CAMH(S)
- AUTISM WEST MIDLANDS
- KIDDERMINSTER COLLEGE
- WORCESTERSHIRE COUNTY COUNCIL
- LIVING WELL
- RUGBY TOTS
- MIND
- MUAY THAI SIAM CAMP
- CHI-KI MONKEY ZUMBA
- FRIENDS OF ST GEORGES PARK
- KIDDERMINSTER REPAIR CAFE
- WHEELY DIFFERENT THEATRE COMPANY
- WYRE FOREST FLYERS
- SPECIAL OLYMPICS
- YMCA WORCESTERSHIRE
- SMALL TALK COUNSELLING
- LOCAL SPORTS CLUBS
- BIRTHDAY PARTIES
- COMMUNITY GROUPS

Kidderminster Youth House is used 7 days a week, from as early as 8am to as late as 3am, partner agencies who use the building work together to ensure that support and activities are available for young people and the various communities that make up Wyre Forest.



## HOW A WASHING MACHINE SUPPORTED A YOUNG PERSON IN CRISIS



ARTWORKS MADE IN PAINT by LLOYD DAVIES For the Kidderminster and District Youth Trust @EATMYPAIN

## OUR SUPPORTERS.

KDYT would not be able to do the work you have seen in this Annual Review if it was not for the kind support we receive, thank you to all our supporters.

**THE BIG LOTTERY FUND.**

**WEST MERCIA POLICE & CRIME COMMISSIONER.**

**WORCESTERSHIRE COUNTY COUNCIL.**

**WYRE FOREST DISTRICT COUNCIL.**

**KIDDERMINSTER TOWN COUNCIL.**

**SAFER WYRE FOREST.**

**THE CLOTHWORKERS FOUNDATION.**

**PROVINCIAL GRAND LODGE OF WORCESTERSHIRE.**

**CHI-KI MONKEY FITNESS & WELLBEING.**

**THE HIGH SHERIFF OF WORCESTERSHIRE STEPHEN BETTS.**

**ASDA, KIDDERMINSTER.**

**ALDI, SILVERWOODS, KIDDERMINSTER**

**THE CHAIRMAN OF WYRE FOREST DISTRICT COUNCIL, ROSE BISHOP**

**WYRE FOREST DISTRICT COUNCILLORS.**

**WORCESTERSHIRE COUNTY COUNCILLORS.**

**THE EVESON CHARITABLE TRUST.**

**WORCESTER WARRIORS COMMUNITY FOUNDATION.**

**WYRE FOREST COMMUNITY HOUSING GROUP.**

**VICKIE'S WISH.**

**THE WORSHIPFUL MAYOR OF KIDDERMINSTER, NICKY GALE**

**CHIPS AWAY, KIDDERMINSTER.**

**KIDDERMINSTER CIVIC SOCIETY.**

**QUADS N' CASTLES.**

**FARFIELD RESIDENTS GROUP.**

**THE KILDARE TRUST.**

**HARRISON CLARK RICKERBYS CHARITABLE TRUST.**

**THE STATION INN, KIDDERMINSTER.**

**CUE & BREW, KIDDERMINSTER.**

**THE BEER EMPORIUM, KIDDERMINSTER.**

**INDIVIDUAL DONORS**



THE CHAIRMAN OF WYRE FOREST DISTRICT COUNCIL, CLLR. ROSE BISHOP  
& MAYOR OF KIDDERMINSTER NICKY GALE



SUMMER PROGRAMME WATER ACTIVITIES, PERSHORE



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